

City of Wetaskiwin celebrates June as Recreation and Parks Month

May 27, 2021

(Wetaskiwin, Alberta) – Mayor Tyler Gandam has proclaimed the month of June as Recreation and Parks Month, and encourages Wetaskiwinites to safely explore the City’s greenspaces and recreational facilities.

“We are so fortunate to have a number of parks, trails, and greenspaces in Wetaskiwin to enjoy year-round,” stated Wetaskiwin Mayor Tyler Gandam. “Physical activity and socializing in our parks is so important to our mental health, and helps our community thrive.”

Recreation and parks enhance quality of life, active living, leisure education, and lifelong learning. The benefits provided by recreation and parks programs and services reduce healthcare and social service costs, assist with economic renewal and sustainability, and increase tourism. The full benefits of recreation and parks on our mental, social, physical, and ecological wellbeing are listed within the attached proclamation.

Anyone accessing recreation programs or park spaces are encouraged to follow current public health restrictions due to the COVID-19 pandemic, which are listed online at alberta.ca/covid19.

Quick facts:

- Find out more about the benefits of recreation and parks visit the Canadian Parks and Recreation Association’s website at cpra.ca.
- In honour of Recreation and Parks Month, the City’s recreation department is hosting a scavenger hunt each week in June. Visit their Facebook page at facebook.com/manlukcentre for details.

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For more information please contact:

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PROCLAMATION

Municipality



JUNE IS RECREATION AND PARKS MONTH

Whereas, in Alberta, we are fortunate to have a variety of recreation and parks systems providing countless recreational opportunities for all residents and visitors from around the world; and

Whereas, recreation and parks enhance quality of life, active living, leisure education, and lifelong learning, helps people live happier and longer, develops skills and positive self-image in children and youth, develops creativity and builds healthy bodies and positive lifestyles, and enhances overall mental health and wellbeing; and

Whereas, recreation and parks build family unity and social capital, strengthens volunteer and community development, enhances social interaction, creates community pride and vitality, promotes equity, inclusivity, sensitivity and understanding to cultural diversity, and fosters a sense of belonging; and

Whereas, recreation and parks can be used for therapy and rehabilitation of individuals experiencing illness, impairment, and disability; and

Whereas, the benefits provided by recreation and parks programs and services reduce healthcare and social service costs, serve to boost the economy, economic renewal and sustainability, enhance property values, decrease vandalism, attract new business, increase tourism and curb employee absenteeism; and

Whereas, our parks, open spaces and trails ensure ecological sustainability, provide space to enjoy nature, help maintain clean air and water, and preserve plant and animal wildlife; and

Whereas, all levels of government, the voluntary sector and private enterprise throughout the Province participate in the planning, development and operation of recreation and parks programs, services and facilities.

Now, Therefore be it Resolved, that the Alberta Recreation and Parks Association (ARPA) does hereby proclaim that June, which witnesses the greening of Alberta and serves as a significant gateway to family activities, has been designated as June is Recreation & Parks Month, which will annually recognize and celebrate the benefits derived year round from quality recreation and parks resources at the local, regional and provincial levels.

Therefore, _____ (name of municipality/organization), in recognition of the benefits and values that recreation, parks and leisure services provide, does hereby designate the month of June as June is Recreation & Parks Month.

Signed this _____ day of _____ 2021 by:

_____ (print name and title)

_____ (signature)